

Recognised by the IOC Member of GAISF, ARISF, IWGA & IMGA

Showdance STANDARD LATIN cross out what doesn't fit

Technical Description of Choreography

A.. Basic information

Male partner	First name:	Last name:	MIN:
Wate partite			
Famala nautusu	First name:	Last name:	MIN:
Female partner	First name.	Last name.	IVIIIV.
Representing Country			
Name of the Show			
Description			
«runbook» of the musical			
artwork including the «story»			
of the show			

B..Technical Information

H.2.6. Time Limits

	Section	Music	Limits	Duration in Sec
1.	Entrance	NO	max 15"	
2.	Main Part	YES	min 180" / max 210"	
3.	Exit	NO	max 15"	

H.2.2., H2.3., H.2.5. Regular Latin/Standard Dances (min 60% of performance)

	Dance Limits	Duration in Sec				
		Dance	Limits	from - to	from -to	from - to
1.		min.20"/max 90"	-	-	-	1
2.		min.20"/max 90"	-	-	-	-
3.		min.20"/max 90"	-	-	-	-
4.		max 90"	-	-	-	-
5.		max 90"	-	-	-	-

H.2.5. Other Elements / Other Dances (max 40% of performance)

	Damas	Linnika		Duratio	n in Sec	
	Dance	Limits	from - to	from -to	from - to	from - to
1.		max 90"	-	-	-	-
2.		max 90"	-	-	-	-
3.		max 90"	-	-	-	-
4.		max 90"	-	-	-	-
5.		max 90"	-	-	-	-
6.		max 90"	-	-	-	-
7.		max 90"	-	-	-	-

H.4. Lifts (no limits)

	Duration in Sec			
	from - to	from -to	from - to	from - to
1:6.	-	-	-	-
Lifts	-	-	-	-

H.5.1. Release of Normal Standard Hold (max. 50% of performance)

Showdance Standard only, Showdance Latin no restriction:

	Duration in Sec			
	from - to	from -to	from - to	from - to
Release of Hold	-	-	-	-
Release of noid	-	-	-	-

H.6.1. Props (max. 2)

1.	
2.	

H.6.3. Video-content – enclosed file (jpg/png, mp4)

	Description (small)	File name
Picture		jpg/png
Movie		mp4

C. Full List of Music Titles

Segment No:	1.
Title of Music:	
Performer:	
Composer / Arrangers:	
Label / Publishers:	
CD number:	
Segment No:	2.
Title of Music:	
Performer:	
Composer / Arrangers:	
Label / Publishers:	
CD number:	
Segment No:	3.
Segment No: Title of Music:	3.
	3.
Title of Music:	3.
Title of Music: Performer:	3.
Title of Music: Performer: Composer / Arrangers:	3.
Title of Music: Performer: Composer / Arrangers: Label / Publishers:	3.
Title of Music: Performer: Composer / Arrangers: Label / Publishers:	3.
Title of Music: Performer: Composer / Arrangers: Label / Publishers: CD number:	
Title of Music: Performer: Composer / Arrangers: Label / Publishers: CD number: Segment No:	
Title of Music: Performer: Composer / Arrangers: Label / Publishers: CD number: Segment No: Title of Music:	
Title of Music: Performer: Composer / Arrangers: Label / Publishers: CD number: Segment No: Title of Music: Performer:	

Segment No:	5.
Title of Music:	
Performer:	
Composer / Arrangers:	
Label / Publishers:	
CD number:	
Segment No:	6.
Title of Music:	
Performer:	
Composer / Arrangers:	
Label / Publishers:	
CD number:	
	_
Segment No:	7.
Segment No: Title of Music:	7.
	7.
Title of Music:	7.
Title of Music: Performer:	7.
Title of Music: Performer: Composer / Arrangers:	7.
Title of Music: Performer: Composer / Arrangers: Label / Publishers: CD number:	
Title of Music: Performer: Composer / Arrangers: Label / Publishers: CD number: Segment No:	7. 8.
Title of Music: Performer: Composer / Arrangers: Label / Publishers: CD number:	
Title of Music: Performer: Composer / Arrangers: Label / Publishers: CD number: Segment No:	
Title of Music: Performer: Composer / Arrangers: Label / Publishers: CD number: Segment No: Title of Music:	
Title of Music: Performer: Composer / Arrangers: Label / Publishers: CD number: Segment No: Title of Music: Performer:	

Segment No:	9.
Title of Music:	
Performer:	
Composer / Arrangers:	
Label / Publishers:	
CD number:	
Segment No:	10.
Title of Music:	
Performer:	
Composer / Arrangers:	
Label / Publishers:	
CD number:	
Date (dd/mm/yyy	y) Athlete's Signatures

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